

Recommended Reading



for parents of children of all ages with

Autism Spectrum Disorder and challenging behaviors

These titles are available to members in our Lending Library

Compiled by the Autism United of Wisconsin. Ask about membership, which includes library privileges:

414-988-1260
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Challenging behaviors are often be the most difficult aspect of Autism Spectrum Disorders for parents. The following books provide information to help you understand why children and/or adults with autism do things that may appear to be “misbehaving,” such as tantrum, have meltdowns, injure themselves or others, or run away. There are also effective tips and tools for parents, caregivers, and educators for managing behaviors.

Addressing the Challenging Behavior of Children with High-Functioning Autism/Asperger Syndrome in the Classroom (A Guide for Teachers and Parents) by Rebecca A. Moyes

Asperger Syndrome and Difficult Moments by Brenda Smith Myles and Jack Southwick

Asperger Syndrome and Rage by Brenda Smith Myles and Jack Southwick

Challenging Behavior and Autism by Philip Whitaker, et al

The Challenging Child by Stanley I. Greenspan and Jacqueline Salmon

Encouraging Appropriate Behavior for Children on the Autism Spectrum by Shira Richman

Exploring Feelings: Cognitive Behavior Therapy to Manage Anxiety and Exploring Feelings: Cognitive Behavior Therapy to Manage Anger by Tony Atwood

The Explosive Child by Ross W. Greene

It Can Get Better: Dealing With Common Behavior Problems in Young Autistic Children by Paul Dickinson, et al

Managing Meltdowns (Using the S.C.A.R.E.D. Calming Technique With Children and Adults With Autism by Deborah Lipsky and Will Richards

It can be helpful to know that you're not the only one dealing with this. Please join us at our next Morning Coffee Parent's Support Group meeting. See our latest newsletter or the website's calendar for the schedule.

No More Meltdowns: Positive Strategies for Dealing With and Preventing Out-Of-Control Behavior by Jed Baker

Parenting With Positive Behavior Support by Meme Hieneman, Karen Childs, and Jane Sergay

People With Autism Behaving Badly by John Clements

Positive Behavioral Support by Lynn Kern Koegel and Robert L. Koegel

Solving Behavior Problems in Autism by Linda A. Hodgdon

The Way to A: Empowering Children with Autism Spectrum and Other Neurological Disorders to Monitor and Replace Aggression and Tantrum Behavior by Hunter Manasco and Katharine Manasco

Also, understanding better what it's like from the perspective of a person who has autism might help you to see that all behavior is communication. Here are a few books written by people diagnosed with Autism Spectrum Disorders:

Emergence: Labeled Autistic and Thinking In Pictures by Temple Grandin

How Can I Talk If My Lips Don't Move? and The Mind Tree by Tito Rajarshi Mukhopadhyay

Nobody Nowhere by Donna Williams

There's A Boy In Here by Sean and Judy Barron